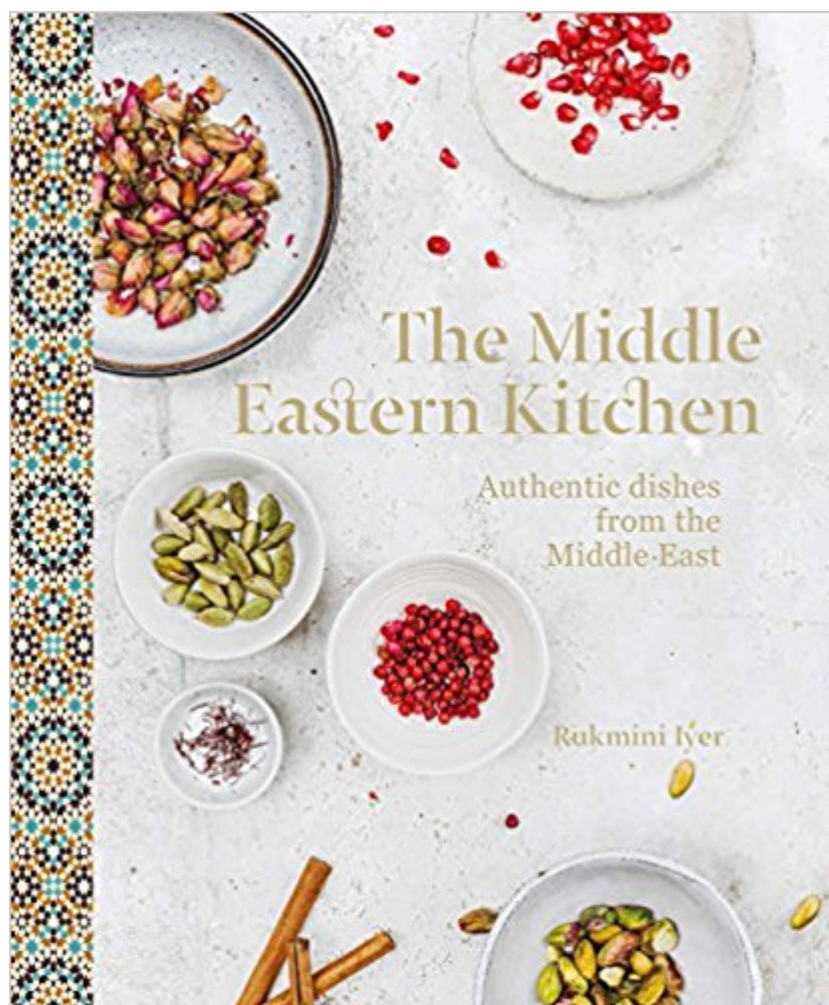


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# Middle Eastern Kitchen: Authentic Dishes From The Middle East



## Synopsis

The Middle East is steeped in rich culinary traditions and this new collection, featuring recipes from food writer Rukmini Iyer, showcases regional cooking at its very best. Beautifully designed and with stunning images, these evocative recipes will soon turn your kitchen into a fragrant souk.

## Book Information

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Average Customer Review: 4.8 out of 5 stars 7 customer reviews

Best Sellers Rank: #107,177 in Books (See Top 100 in Books) #31 in [Books > Cookbooks, Food & Wine > Regional & International > Middle Eastern](#) #50 in [Books > Cookbooks, Food & Wine > Regional & International > Mexican](#)

## Customer Reviews

Rukmini Iyer is a food writer and food stylist. She left her career in the law to compete on the UK's MasterChef 2013, and then trained as a pastry chef at Tom Kitchin's Michelin-starred restaurant The Kitchin. She now works doing what she loves best: cooking, writing, and styling food.

Beautiful book and great recipes showcasing the diversity of middle eastern food. I'm an Indian American who enjoys non-veg dishes but finds Indian dishes more unhealthy. Middle eastern preparation provides a great mix of tasty flavors while made in a healthier way with healthier ingredients. This author did a great job in providing easy enough recipes for a new-to-middle-eastern food person to try.

beautiful book

I only have been able to look thru the book so far, but i am looking forward, to making all these wonderful recipes, what a happy hubby I will have, and I would say healthy as well

Really enjoyed making the recipes! The book is very well written with beautiful pictures!!

I've cooked professionally in eighteen restaurants, but all these recipes are new to me. Quite refreshing. I've since bought three books for gifts (although one mysteriously did not arrive! I'll blame a thieving foodie neighbor). Originally listed at 16 Pounds Sterling (which converts to about twenty dollars), this is a bargain. I highly recommend the Beef Sambousek, Muhamarra (a sort of walnut hummus), and of course the Persian Love Cake. Bon Appetit!

I received Middle Eastern Kitchen as a gift from my son. It is a truly lovely book full of authentic recipes with beautiful illustrations. Middle Eastern Kitchen features recipes for everyone, vegetarians and meat eaters alike.. I will treasure this gift.

Not only are the recipes wonderful, the book itself is absolutely beautiful. Buy it, you won't regret it.

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